

# Shopping in the Past

## December the 19

Fish 1/8 Jurnights yests Bread in Inuff 1/4 2 Oysturs & Coffee 7 Veal 3/9-0: 0:11± Tranges 6 Bread i Jandzashes 3: Oysturs Mattom 1/2 Fri & faller arth 6 Song 30:4: B: dunge of Beef 2.4. B: 6 Veal 6 Po: 1 Beef 12 Po: 1/4 Port states 10? Sur 4-2 Radio 80: 10:32 Chick cas 10 Oysters 1/6 Oatmeal 2: Monor B: Lemons 1: harthorn 10± - 0:4:6 Turkey 2/6 Eggs i Batter 6 Po: 4/6 Apples 4: Meater 4/6 Reasong - 0:13: 7: Sugar 7 Milk 10: Bread 2 Cristmast 4 Bread 1 - 0:2:0: ell Nike ate paid for to this Neck 2:3:10

## December the 26

Thisk 11 Po: 3-18 Miller's Christmas Box's Vinagar's Longlafs 4 -- 0:5:5 Cake 116 Eggsi Batter 118 harthorn 10 Lemons 4 = Thirits of Nine 10 0:5:11= Duck 1 Sweetbread 7 Matton 117 Veal 3/15 Bref 8 Drunges 7= -0:7:10= Sugar 6 Frish 14 Po: Bahell 4/10 Oysters i Lobster i Jest 4 Bread 2 - 0:7:10 Cream & Coffee 2/= Bread 118 Fra 7= Sugar 116 Breasons 3 Honor B= - 0:7:2 leg of Matton 78: 11g leg of Pork 8 Po: 2/3 Jurnigh = Oysters 1/2 Butter 570: 3/90:9:1 Eggs & Milk 10= Lalt 4 = Pepper 2 = Backers Christmas Box 6 - 0:2:7=

January the 2 "Hower Bit Orang Ji Bread's Magar y Land's Bread is transibily 0:4:4: Cares head y Pluck 2/8 Oranges 4 Bread & Joan & yest? - 0:4:2: Beef 8/3 Multon 3/10 Veal 4 Jurnipt's 4 Jugar & Hower & Threho 0: 15:11 subsourmeel J Eggs 1 Batter 3/4: Joan 2/6 Wheele 4/10 Milh. 10 = 0: 13:2 Ozshers 1 Bread 2: Mattard B - 0: 13:2 1: 19:4

January the 16 16 Cockles 3 Bread Byesty Flower Bi Saltre atton 1/3 annoves Oranges 42 almonds y = Rice 4 cloves & mace 1 & Jugar 19 Ggsg Flower & Shuf Toung 1/6 Suit 2 nect of Veal & Po: 2/4 Flower 11 Currants 3 Pudings 2 Mon & Eggs i Butter & Po: 3/4 Milk 11 = Bread 4 Salt 4 = Pots 4 2 Oysters 9 Rubart 6 Peasy Oranges 6

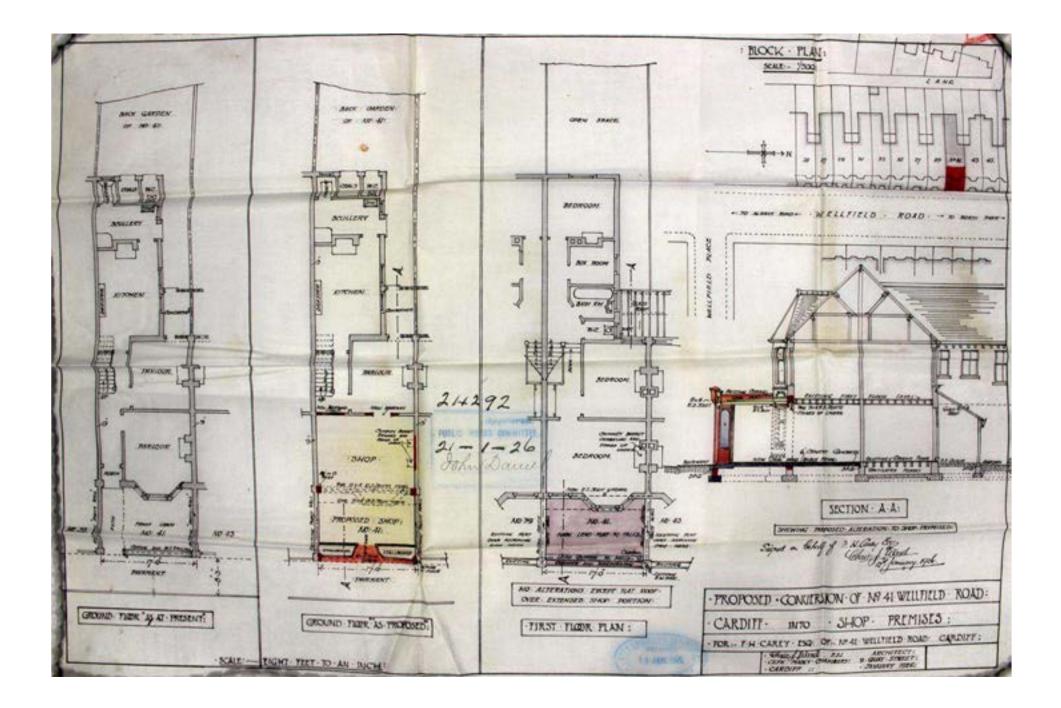
6 Joung Sandy Cardiffs 5215 Mark & Durus To E Young To I. Spear 10 CCARD well pint nor Joa Saperfine Alk Marington -2- 16-0 Vo a timmer buck houses Atte Filey 28 1834 terming and parting a Holder haisene -Five Flannel wainsats ( Long thend) . .. . . . . . . . . . the 1 - 3 a anter Edward Danie anditt Saly 18 1834 Elholesale & Retail ILIBE. roout march Frishly Dealer in Lundon Hate 23/ Olin bett\_13/6 1. 12.1 1. 9. 3 cafes hum both 9. - 15.0 3.0.10 Ahin 13. 1834 a Den

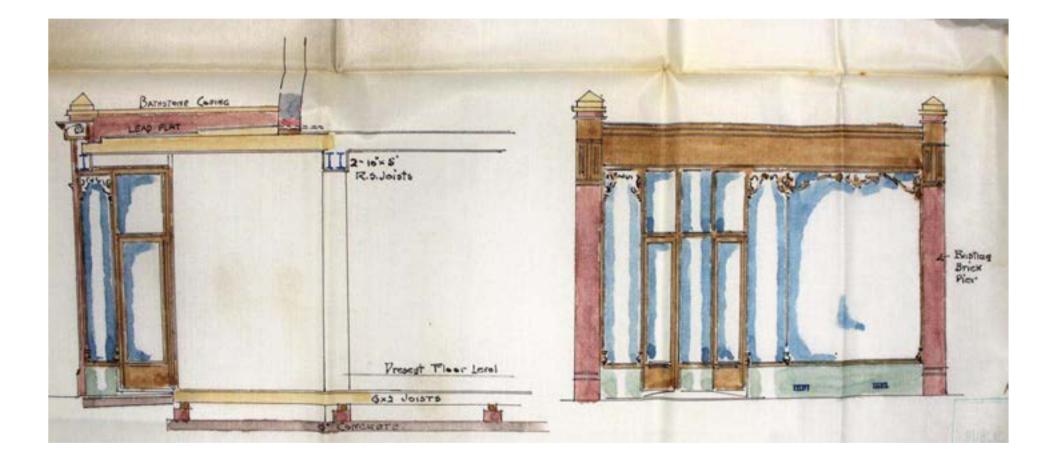
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18	27 Robinson Frank	100
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	31 Edwards Mrs	113 ]
	33 Thomas Thomas Watts	122 1
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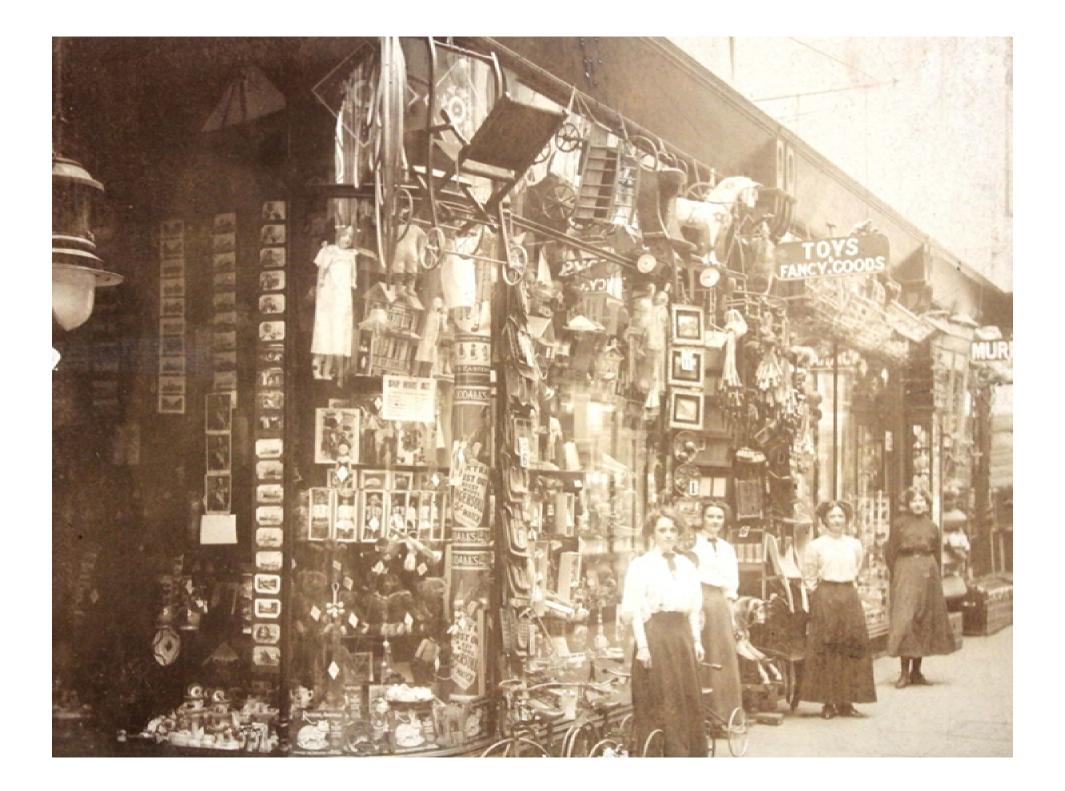
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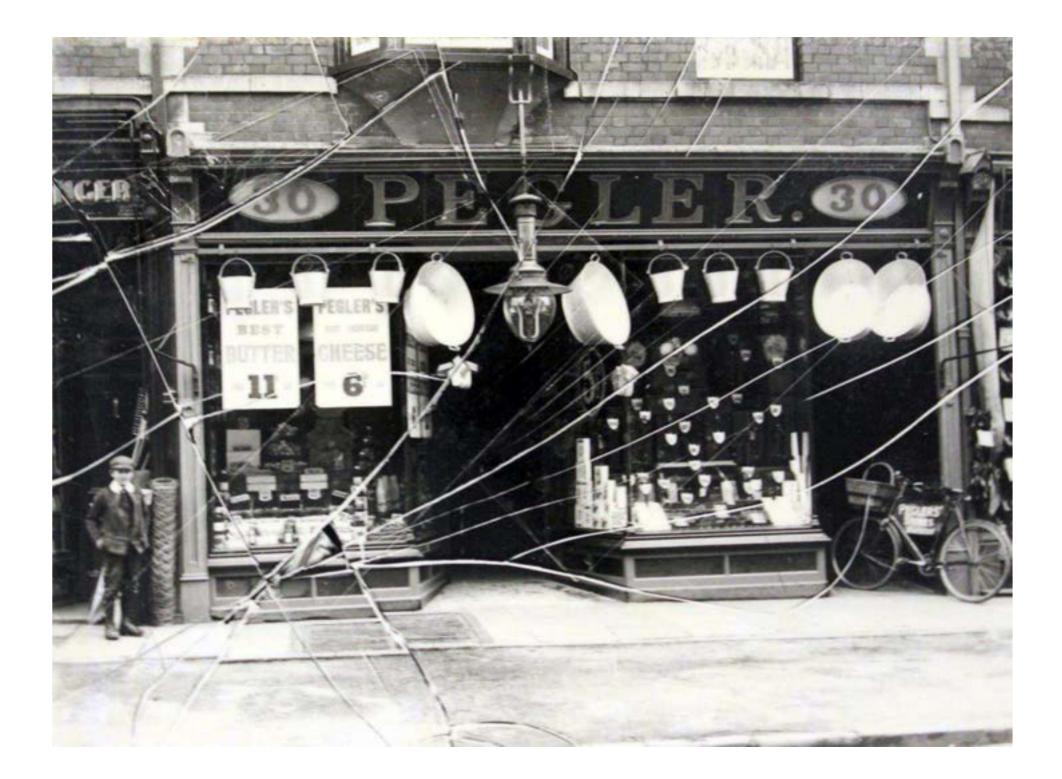
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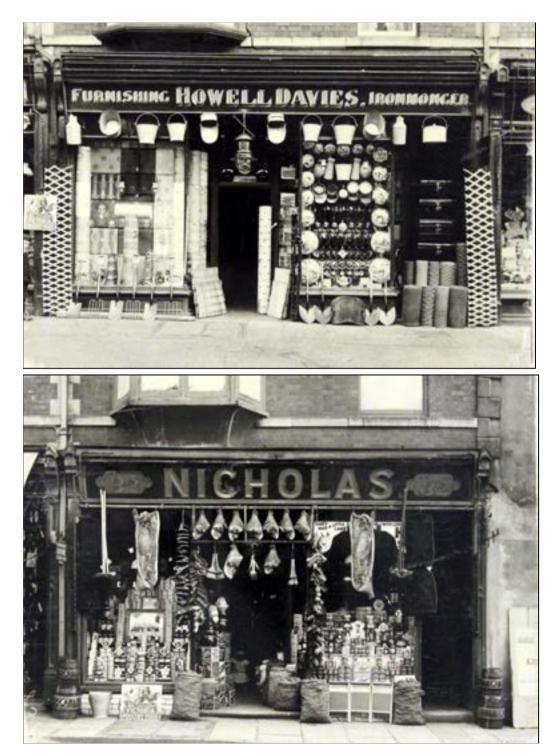
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DATES. Brt. For'd.	Bread	Fancy Bread	Flour	Confectionery	£	s.	d.	DATES. Brt. For'd.	Bread	Fancy Bread	Flour	Confectionery	£	s.	d.
MON.	1/2							MON	1/2			12		1.00	6.
TUES.	1/2							TUES	1/2			3.3		0.0	1
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THE Public are respectfully informed that on and after SATURDAY next, the 15th of August, 1863, there will be in attendance at the CARDIFF MARKET HOUSE, from 9 o'clock a.m. until 6 p.m., several Lads from the "HAVANNAH" Ship TRAINING SCHOOL, to act as PORTERS.

Each Boy will be furnished with a Market Basket, a Plate, and suitable Cloths.

They may be engaged by the hour, half-hour, or by the single journey.

The Charges for their Services will be-

For every hour they may be engaged	Two Pence.
	One Penny.
A Single Journey from the Market House to any place	
not beyond the South Wales, Taff Vale, and	One Penny.
Rhymney Railway Stations, or the Cardiff Arms	

Beyond those Places, but not exceeding One Mile from Two Pence.

Each Boy is supplied with Vouchers, denoting the Money paid to him, and he is required to deliver one to the Person by whom he is employed and paid.

The support of the Cardiff Families to this scheme, promoted for their accommodation, as well as the benefit of the boys, is most earnestly solicited.

The Police have directions to afford the little Messengers every protection and assistance.

fown Hall, Cardiff, 19th August, 1863.

HN

BIRD

MAYOR.









E.C.	RELATIONSHIP	/		777		0001/25		diadoard with report to individual j them the preparation of Natiat	inal Tables.						
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f every Penns (including Officials and their Panolos, Visions, Berunta, Ismante, Ale al win (1) passed the right of Stanlay, April 2nd, 12011, in the Institu- tion, or in the grounds through and was alive at midnight, or (2) serviced in this Institution on the mersing of Monitor, April 10 serviced and the Institution of the service of the Institution of the Institute of Institution of the Institution of the Institution of Institu- tion Service of Institution of the Institution of the Institution of Instituti	Rece whether - Hand," or - With," - San," - Manghew," or - Parawa", - Par	For Islants make the year, is and the second is an analysis "may be and the "and the second at a	Wole - Singh, - - Harrow, - - Wither, - Minter, - Minter, - space of	al dista	Chiefe and	Married 1 Resident of	A POP	Personal Designation. The regio should along the product towards of Production, and the American State of the state of the state of the State of the State of the State of the State of the State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State State of the State of the State of the State of the State State of the State of the State of the State of the State State of the State of the State of the State of the State State of the State of the State of the State of the State State of the State of t	steppoyee. If the to charge shown in Col. 10 the parties and and he approach here. Ro same assist for Departs in-	Tomation Industry		<ul> <li>J<sup>2</sup> June to field State State and the same of the Comp. Sector State and Adv.</li> <li>J<sup>2</sup> State Approximation and Adv.</li> <li>J<sup>2</sup> State Approximation of the distance of the State State of the State State State State State of the State Stat</li></ul>	Rain window	Solution in an-	anty, ante anty, ante anty, ante anty, ant anty, ant ant water ant water
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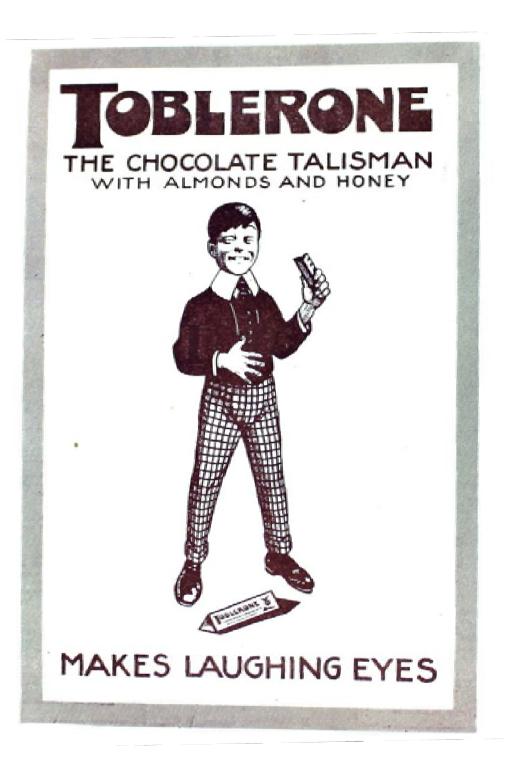


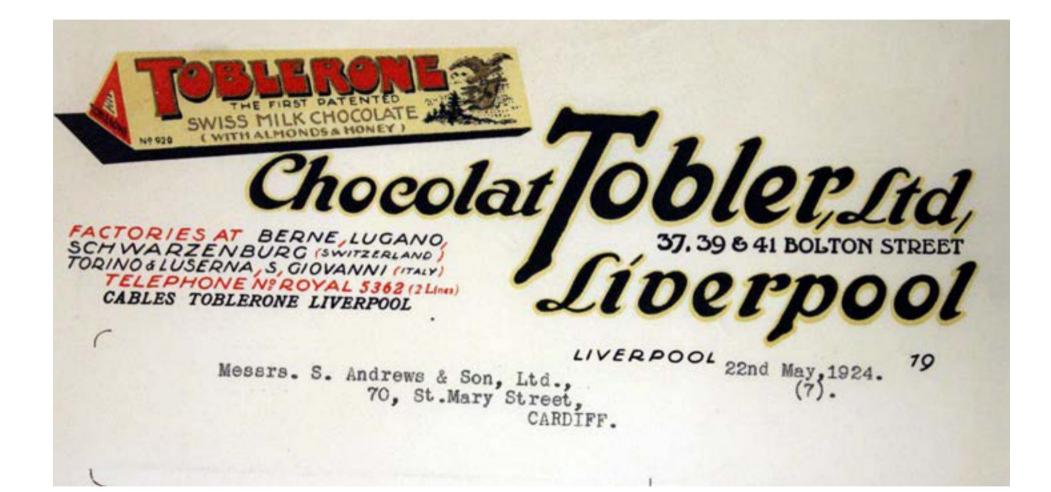




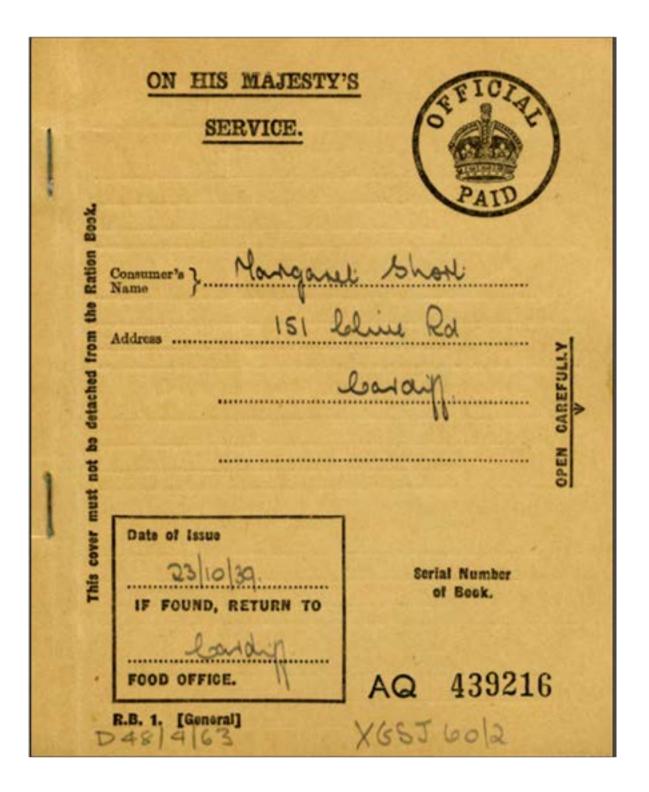


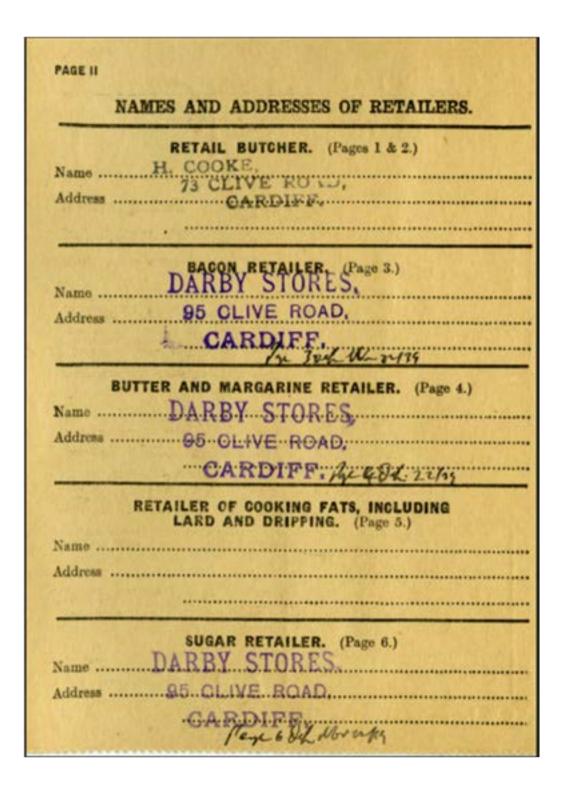






DESCRIPTION.	PRICE	TO RETAIL
TASMANIAN PARADISE FRUITS BUTTER CREME DE MENTHE CABINET BON-BONS BUTTER MACAROONS	per lb,	4 ozs.
BUTTER MARSHMALLOWS BUTTER MOLASSES LEMON BARLEY SUGAR (Packed in Jars) Cans <sup>1</sup> / <sub>2</sub> d. lb. less.	1/7	7d.
ALL No. 1 DROPS ACID SQUARES	Sevel 1	No.
LIME JUICE PODS No. 1 MINT BULLS EYES (Packed in Jars) Cans 1d. per lb. less. BARLEY FISHES COKERNUT BRITTLE	1/4	6d.
LA TOSCA MITCHAM MINT ROCK (Packed in Jars) Cans M. per lb. less.	1/4	6d.
ANISEED BALLS BRANDY BALLS POPULAR DROPS (All Flavours) POPULAR BULLS EYES POPULAR FRUIT SQUARES POPULAR MIXED FRUIT OVALS VENETIAN MIXED FRUIT OVALS VENETIAN MIXTURE DORSET CREAM TOFFEE DAZZ ASSORTMENT RADIANT MIXTURE SATIN MIDGETS BRAZIL ROCK POPULAR BARLEY SUGAR ICTORIA SATINES RUIT SATINES (Packed in Jars)	1/1±	54.





A box of Gifts from the British War Relief Society from America, was received today for distribution among the boy. The Gifts component boxes of sweets and games.

HORTICULTURAL COMMITTEES are to be set up in urban areas with populations of 20,000 and over. Represented on them will be (1) the Council; (2) any local horticultural society; (3) any local allotment society. The Horticultural Committee will

- (a) Encourage the production of food from allotments and private gardens.
- (b) Assist in indicating suitable land for additional allotments.
- (c) Provide expert advice where necessary.

EXISTING OWNERS OR OCCUPIERS of land which is not being fully cultivated are desired to assist Councils by putting land at their disposal, either free of rent, or at such agricultural rent as may be agreed.

#### SOME SUGGESTIONS

CULTIVATE your wartime allotment or garden on lines laid down in the Ministry's Bulletin *Food from the Garden* (3d. at your bookseller, or 3<sup>1</sup>/<sub>2</sub>d. post free from H.M. Stationery Office, Kingsway, London, W.C. 2).

REMEMBER that even the best soil needs adequate draining—natural or artificial. Dig and cultivate your land thoroughly; this will increase its fertility and make it possible to economise on fertilizers. But proper manuring—according to the requirements of your soil-and crops —is essential to success.

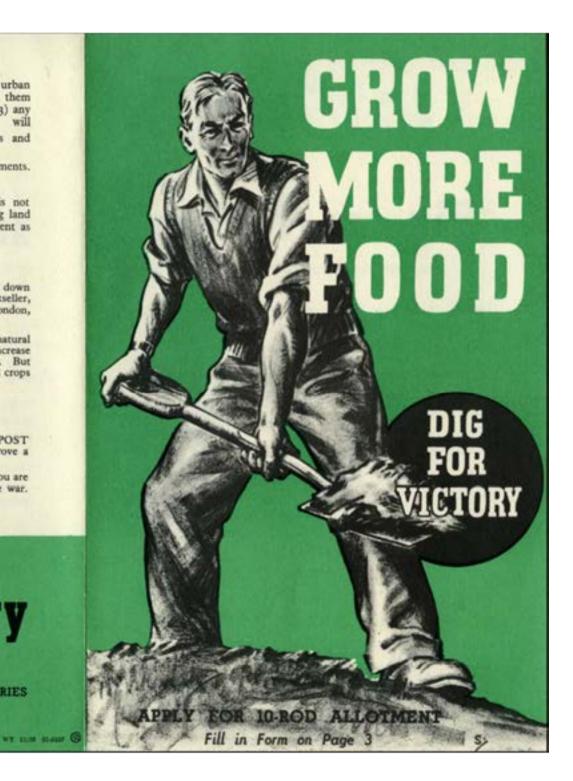
#### DON'TS FOR DIGGERS

DON'T throw away or burn waste vegetation, but start a COMPOST HEAP with it. If treated as advised in the Bulletin it will prove a useful source of manure.

DON'T scrap all your choice flowers, plants, and rock garden if you are a gardener already. They may be difficult to replace after the war.

## **Dig for Victory**

THE MINISTRY OF AGRICULTURE AND FISHERIES



#### BOARD OF EDUCATION

### The schools in war-time

Memorandum No. 27

#### The Wild Fruit Crop

THE Ministry of Food is extremely anxious that the fullest possible use should be made of the blackberry crop this season, to make up for the poor crops of soft and stone fruit and to enable the preserves ration to be maintained at its present level. Other ripe fruit—bilberries, crab apples, elderberries, rowan berries, sloes—will also be available in some districts.

It is hoped that by organised local efforts all over the country some thousands of tons of blackberries and other wild fruit will be harvested. The Board hope that schools will play an active part in this effort. Many opportunities will occur, e.g., on nature study rambles and as a useful spare time occupation for children.

The fruit—for which, under the controlled price, the maximum of 3d. per lb. will be paid for blackberries and 2d. per lb. for crab apples —should be taken to the local fruit preservation centre. Schools organising blackberry picking should accordingly get in touch with their fruit preservation centre as soon as possible, to arrange where and when the fruit is to be delivered. If out of reach of a convenient centre or unaware of its address, they should apply to the Secretary of the County Federation of Women's Institutes (whose addresses are given overleaf), or to the Local Food Office.

Where schools have already made arrangements for disposing of the fruit they pick there is no need to upset these arrangements.

Where a school has facilities for making jam it can obtain sugar from the Local Food Office for preserving any fruit which its scholars have picked, and can retain the jam for consumption in the school outside the ration.

The following "points for pickers" should be kept in mind :-

Make sure you have the permission of the owner of the land. Overripe blackberries are unfit to travel.

Fruit picked immediately after rain will go mouldy and be useless for preserving.

Shut gates; be careful not to walk on crops; do not make gaps in hedges, and do not make fire near any hay rick or ripening corn, or on any dry heath or woodland.













. The Perfumery Department. Ground Floor.

Corner of the Perfumery Department.







Trutex in its Centenary Year, offers congratulations to James Howells in their Centenary Year.

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